

Volunteers in Medicine of the Olympics

Helping to meet the health care needs of our community

Volume 46

Newsletter

December 2011

*"If we think of our heart, rather than our purse,
as the reservoir of our giving,
we shall find it full all the time!"*
~David Dunn

PRESIDENT'S CORNER

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As we begin a new year, I would like to look back on the last few years, and acknowledge several individuals who have contributed greatly to VIMO:

- Arlene Engel, who recently passed after an amazing and long life, will be greatly missed. She was at our most recent board meeting early in December, and even then she was an active voice for mental health issues. She had so much to give our community, and we were lucky to have her as a part of VIMO.
- Patty Hannah is leaving VIMO in her board capacity, but I know we will still see her energy around VIMO. Among other things, Patty's organizational skills have led us through years of successful Harvest Dinners, each one more successful than the last. This annual fundraiser is supported by our community, but it takes the dedication of a few to pull it off. Patty has also been our volunteer coordinator, a job that few are qualified for. We thank you for all your contributions, past and future.
- Rob Tulloch's term on the board has ended, and his input and experience on legal matters will be greatly missed.
- Joan Irwin has served as our co-treasurer, possibly the most demanding and technical job on the board. She has spent countless hours keeping VIMO ahead of the curve as it relates to her duties.

VIMO MISSION STATEMENT

To understand and serve the health and wellness needs of the medically underserved who live or work on the North Olympic Peninsula.

VIMO WEB SITE & NEWSLETTER

Please send questions or comments about the VIMO web to webmaster@vimoclinic.org.

Please feel free to send inspiring quotes or items of interest for the VIMO newsletter to grace.lambert@op2s.com.

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- I would also like to acknowledge Judith Morris, who has been an amazing volunteer as secretary.
- Kathi Brown, thank you for your service to VIMO. Your contributions to the Harvest dinner fundraiser were invaluable.
- Nancy Prince-Fox's term on the board is also up, but we look forward to seeing you at the dental clinic. Thank you for all you've done, and especially your work with the dental clinic over the last six months!

The Peninsula Daily News recently sponsored an ad where VIMO listed all individuals, businesses, organizations, doctors, nurses, etc., who have supported VIMO in any way. It was an impressive list, and represented so much of our community - Thank you *all* for your support of VIMO!

Travis Berglund
VIMO Board Chair Person

FROM THE EXECUTIVE DIRECTOR, LARRY LITTLE

I promised I would get my shopping done before Christmas Eve this year, honest.

Another promise I want to make is to continue to work as hard as I possibly can in order to provide VIMO's amazing staff and volunteers with the means to continue to serve more folks in our community with quality medical care.

In this season of gift giving I want to recognize the yearlong gift of health that all of you who support us give to our community. The face of the uninsured continues to change. Every day the level of need continues to spiral up as the economy continues to struggle. How many more families are having to face the choice of a gift for a loved one or to pay for an emergency dental visit or for their diabetic testing supplies?

With your help there will be a few families who will not have to face that choice. Don't we all want our neighbors to enjoy the holiday season? I think so. And with the availability of healthcare through your support of VIMO, there will be over 1200 more folks who may not be left with a gift less Christmas Tree or a sad Hanukkah.



We here at the clinic recognize the depth of your support. You may not feel your contribution is great, but when we look at how much it means to that one individual, it is vast. Especially this time of year.

Happiest of Holidays to you all and thank you for all you do,

Larry B. Little
VIMO Executive Director

FROM THE VOLUNTEER COORDINATOR, PATTY HANNAH

As always, a huge thank you to all the volunteers who staff all our VIMO clinics each month. We wouldn't have this clinic and serve over 1,000 patients without you. Never forget how important you are in our community.

To help you remember your importance and to show you how much you're appreciated, the VIMO board will host our annual **VOLUNTEER APPRECIATION EVENT** on **Monday, January 9th from 5:30 – 8:00pm at Coldwell Banker Uptown Realty**. You should have received your email invitation by the time you read this but in case you didn't..... consider this your invitation. We invite all of our volunteers, friends and stakeholders to this enjoyable evening. I hope to see you all there.

As we close the year, the VIMO clinic has experienced phenomenal growth in the number of patients, volunteers, dental clinic, special clinics and now sponsoring community diabetic and hypertension classes led by registered dietician **Amy Ward**. I know these have been well attended and appreciated.

In December we welcomed back **Bob Haverfield RN**. **Bob** took a nasty tumble and was on medical leave for two months. I was sure happy to see him out and about and back working at VIMO. New volunteer screener **April Lawson** is taking her turn at a medical leave (it sure seems that someone is always temporarily gone for medical reasons). We hope she'll be able to return after the first of the year. And hurry back **Merry Van Deusen RN**, still recovering from a broken arm.

We said a sad good-bye to **Sally Sturdevant RN**. **Sally** has decided to permanently retire from nursing, travel a bit more and look toward other challenges. We'll all certainly miss her.

Brenda Tassie RN started her first volunteer shift in December. **Brenda** works at OMC and, after attending our Healthy Harvest dinner this year, decided to jump in. She's already offered the services of her husband, **Cliff Tassie**. I wonder if he knows that.

We also welcomed 4 more volunteers in November: nursing student **Ashley Keeler-Reis**, Peninsula College students **Ilene Rogers** and **Dallas Kinch**, and retired health administrator **Sharon Wagner**. **Ashley** and **Dallas** will be working at VIMO as nurse assistants, **Sharon** will screen patients, and **Ilene** has already started working as an evening receptionist. Welcome everyone – we're very, very glad you're here.

Finally, I hope you saw the thank you ad in the Peninsula Daily News. KONP owner **Brown Maloney** bought the advertising at last year's Festival of Trees. When he couldn't use it, he returned it to the PDN, who donated it VIMO. What a wonderful gift and one we couldn't have afforded. Thank you both PDN publisher **John Brewer** and **Brown**.

Patty Hannah

**Volunteer Coordinator/
VIMO Board of Directors**

mphannah@olyphen.com

Phone 360-452-8656



2011 VIMO BOARD OF DIRECTORS AND STAFF

Board Members

Marca Davies, RN, PCC Nursing Program President
 Travis Berglund, Financial Advisor Vice President
 Joan Irwin, Retired Co-Treasurer
 Dale Nachreiner, Med Mgmt Cnslt Co-Treasurer
 Nancy Prince-Fox, Retired Assistant Treasurer
 Kathy Brown, Realtor
 Arlene Engel, OMC Commissioner
 Jen Gouge, RT, PCC Medical Asst Program
 Patty Hannah, Retired Past President
 Steve Landvik, Realtor
 Alan Lapin, MD Retired
 Jim Leskinovitch, OMC Commissioner
 Tom Locke, MD Clallam County Health Officer
 Betty Marshall, Retired
 Rebekah Miller
 Rob Tulloch, Attorney

Board Members (cont'd)

Rev. Joey Olson, 1st Untd Methodist
 Kathi Pressley, OMC

Life Members

Edward Hopfner, MD, Retired

Volunteer Secretary--(non-board)

Judith Morris, Con. Norm Dicks

Staff

Larry Little, DMD, Exec. Director
 John Melcher, ARNP, Medica Mgr
 Tiffany Sopher, Clinic Mgr
 Meg DePew, ARNP contractor
 Katie Smith, MA

A BIG THANK YOU TO OUR NOVEMBER AND DECEMBER 2011 VOLUNTEERS

Clinic Medical Providers

Richard Canaan MD
 Joe Cress, PhD Psychol.
 Kathi Gunn ARNP
 Ed Hopfner MD
 John Joseph ARNP
 John Melcher ARNP
 Diane Root-Racine ARNP
 Ron Tacker MD
 Gene Turner MD
 Marianne Ude MD

Nurses

Kathy Craven RN
 Marca Davies RN
 David Goldstein RN
 Terri Hauff LPN
 Bob Haverfield RN
 Ann Johnson RN
 Deborah Jones RN
 Yvonne Kreiger RN
 Annie Larson RN
 John Melcher ARNP
 Marty Melcher ARNP
 Stephanie Mitchell RN
 Janet Oja RN
 Bonnie Rathod RN

Nurses cont'd

JoAnne Shearer RN
 Mary Sherwood RN
 Kathe Smith RN
 Sally Sturdevant RN
 Brenda Tassie RN
 Amy Ward, Reg. Dietician
 John Wegmann MD

Nurse Assistants

Ari Ahlgren MA
 Zhanna Barnett MA
 Shelley Dorfman-Schostak MA
 Matthew Gatheringwater CAN
 Katie Smith MA
 Dawn Warriner – MA student

Receptionists

Bonnie Christianson
 Patty Hannah
 Cecilia Hyde
 Joan Irwin
 Linda Landvik
 Judith Morris
 Vivian Mulligan
 Linda Naylor
 Brenda Rogers

Receptionists cont'd

Ilene Rogers
 Jerene Russell
 Tommi Schwent
 Bonnie Stehr
 Roxanne Weathers

Patient Screening

Tammy Gallagher
 Rebekah Miller
 Dale Nachreiner
 Nanette Osborne
 Kathi Pressley
 Jerene Russell
 Paul Schwabe
 Jenna Slowey
 Tiffany Sopher

Admin & Facilities

Margaret Crawford
 Kathleen Forwood
 Jeff Johnson

Dental Clinic

Dr Jim Yerkes
 Dr Amy Moon
 Dr Bob Houtz

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Dental Clinic cont'd

Dr Brian Wicklund
Dr Todd Howorth
Dr. Nathan Gelder
Betsy Simpson RDH
Twyla Luke RDH
Maxine Hoffman
Emily Lin
Manpreet Siahu
Phillis Hopfner
Nancy Prince- Fox
Connie Payne

Snacks & Sandwiches

Travis Berglund, VIMO Board
Kathy Brown, VIMO Board
Jen Gouge, VIMO Board
Patty Hannah, VIMO Board
Graciela Harris/OMC
Walter Hatcher
Steve Landvik, VIMO Board
Larry Little, VIMO Exec. Dir.
Betty Marshall, VIMO Board
Joey Olson, VIMO Board

Nursing & MA Students

Sarah Acuna
Matthew Chance
Robert Evert
Roslyn Fettig
Kim Flores
Maggie Gonzalez
Lisa Hixson
Jeff Pearson
Lucritia Stansbury
Maria Thacker



YOU ARE INVITED

Please join the VIMO Board & Staff in a special

VOLUNTEER APPRECIATION PARTY

This party is being hosted by the board of directors and our dedicated staff

In appreciation for all that you do for VIMO

WHAT: First of the Year Thank You Party for VIMO Volunteers and their spouses, partners or guests

WHEN: Monday, January 9, 2012
5:30-8:00 pm

WHERE: Coldwell Banker Uptown Realty
1115 E. Front Street
Port Angeles, WA

Reservations not needed – just come and enjoy!




VIMO FUNDRAISER

VIMO was chosen as the beneficiary of a fund raising event this month! Therapeutic Associates, Inc. is sponsoring a weight-loss challenge that will run from January through March, and VIMO is the recipient of the proceeds after prizes are awarded. If you were thinking about a diet to start off the new year, why not consider losing weight for a good cause? Maybe you can win one of six \$500 cash prizes!


If you are interested in participating, please go to the link below for contest details. The more people who sign up for this event, the larger the cash prizes (and distribution to VIMO), so please do whatever you can to get the word out to anyone you think might want to participate.

Thank you for doing whatever you can to campaign for this event, and thanks to Therapeutic Associates, Inc. for thinking of VIMO!

<http://www.therapeuticassociates.com/events/olympic-weight-loss-challenge>

VIMO CLINIC "WISH LIST"	VIMO PARTNERS
<p>Antibacterial wipes Toiletries for the waiting room Individual healthy snacks for volunteers</p> <p>Volunteers For inside & outside work If you have any of these items to donate, we can provide you with an in-kind donation receipt for your taxes.</p> <p>Thank you!</p> 	 <p>VIMO was launched as a United Way of Clallam County Healthy Communities Initiative. It is now a Partner Agency.</p>  <p>VIMO is partners with Washington Health Foundation.</p>

CLINIC LOCATION

<p>VIMO CLINIC 909 East Georgiana Street Port Angeles, WA 98362 360-457-4431 info@vimoclinic.org</p>	
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CLINIC HOURS

Monday (every)	Medical Clinic	Doors open at 11:30 am Clinic hours 12:00 – 5:00 pm
Tuesday (every)	Medical Clinic	Doors open at 11:30 am Clinic hours 12:00 – 5:00 pm
Wednesday (every) Twice a month	Medical Clinic Hypertension Clinic	Doors open at 5:30 pm Clinic hours 6:00 – 9:00 pm 3: 00 pm – 5 pm, By appointment only
Thursday (every) 2nd & 4th Thurs each month	Medical Clinic Diabetic Education	Doors open at 5:30 pm Clinic hours 6:00 – 9:00 pm By appointment only
Friday (every)	Behavioral Health	9:00 am – 3:00 pm By appointment and referral only
Occasional Saturday	Behavioral Health	9:00 am – 3:00 pm By appointment and referral only
Friday (every) Armory Square, 228 W. 1st - PA	Dental Clinic for emergencies	9:00 am – 3:00 pm No appointments, walk-in only

To unsubscribe from the VIMO newsletter, please email Patty Hannah at mphannah@olypen.com.